

# Voice Of Change

A Report By

**Aan  
Charitable  
Trust FY**

**2024  
2025**



# Message From The Founder

Aan began in 2016 as a shared dream between my daughter Anushka and me to create safe, informed spaces for young girls through awareness and education.

“Aan” means dignity, and we believe every child, especially every girl, deserves to grow up with dignity, safety, and awareness.

With campaigns like Good Touch, Bad Touch and No Shame in Menstruation, we’ve worked to break the Silence around issues that matter.

As Coordinator of the FICCI FLO\_UK Women’s Empowerment Committee for Kumaon, I’ve also had the privilege of advocating for skills-based empowerment on a broader platform.

I’m grateful to every child, teacher, and supporter who has walked this path with us. Together, we move forward with purpose, empathy, and hope.



**Namita Dublish**  
Founder of Aan Charitable  
Trust

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# Q1 About Aan

Founded in 2016 in Kashipur, Uttarakhand, Aan Charitable Trust is a non-profit organization committed to promoting dignity through community-driven initiatives.



“Aan” means dignity in Hindi, reflecting the belief that even small actions can lead to meaningful change.

It is this belief that guides our work restoring dignity where it's been denied, and creating spaces where every voice matters.

Through empathy and action, we strive to build a world that honours every life. Aan empowers lives and breaks taboos through dignity-driven, community-led action, bridging gaps in health, education, and gender equality. With a focus on dignity, awareness, and inclusion, it breaks taboos, promotes gender equity

Programs like “Project KUSPY” and “Periods Don't Stop for Pandemic” reflect Aan's focus on awareness, access, and lasting impact. By addressing menstrual health, adolescent well-being, and gender equity, these initiatives promote long-term change through education and dignity. Each program strengthens Aan's mission to build a more just, inclusive, and informed society where every individual, especially women and children, can thrive with confidence and care. They are not just projects they are pathways to possibility and change.



# 02 Our Vision



Aan envisions a society where dignity, equality, and access are fundamental rights for all. We strive to create inclusive communities where every individual, especially women and children, can live with confidence, awareness, and opportunity.



# Our Mission

01

To provide knowledge and resources that build confidence and self-reliance through awareness about Open Distance Learning

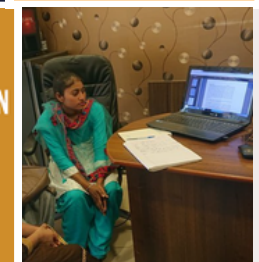
02

To break taboos on Menstruation and foster inclusion through education and dialogue.

03

To create a safe world for children to grow with our workshops on Good touch Bad touch

# 03 Alignment with SDGs





# 04 Key Highlights since 2017

**104+**  
Workshops  
Organized

**5,700+**  
Sanitary  
Napkins  
Distributed

**15,000**  
approx  
Beneficiaries



# 05 Events & Outreach Data



# A Joint Initiative by NCW, NDMA & UN Women

30-31st July 2024

**“Each time a woman stands up for herself, she stands up for all women.”  
~ Maya Angelou**

The National Commission for Women (NCW), in collaboration with NDMA and UN Women, hosted a 2-day event titled "Building Resilient Communities: Women and Sustainable Ecosystems" at Sushma Swaraj Bhawan, New Delhi.

Aan Charitable Trust was proud to be part of this powerful dialogue, which highlighted the role of women in disaster resilience, climate action, and rural transformation.





# Lighting Futures: The Solar Mama Initiative

30th July  
2024

Aan Charitable Trust had the privilege of attending the farewell ceremony for 22 South African women trained under the FICCI FLO Solar Mama Project, an initiative empowering women through solar technology. Led by FLO President Joyshree Das Verma and conducted with Barefoot College International in Rajasthan, the program provided hands-on skills in solar equipment. The event featured emotional speeches by master trainers from Tilonia and was attended by dignitaries including H.E. Mr. Cedrick C. Crowley, Ms. Hena Usman, and Ms. Sowmya Kidambi.



# Hope in Action: An Initiative for Girls & Child Safety

26th  
September - 1<sup>st</sup>  
October 2024

From 26th September to 1st October 2024, Aan Charitable Trust will spearhead a week-long outreach campaign in U.S. Nagar, Uttarakhand, tackling pressing social issues in rural communities. The initiative will champion child safety through awareness on safe and unsafe touch, advance menstrual hygiene and SRHR education, and reintegrate adolescent girls into education via the Kishori Uchh Shiksha Protsahan Yojna. Reaching over 900 children and families, the campaign calls upon communities, organizations, and CSR leaders to unite for transformative impact.





# Aan Secures Support For Nuh District

13th February  
2025

Aan Charitable Trust, in collaboration with Piramal Foundation, Kaivalya Education Foundation, and Aspirational Bharat Collaborative, had a meaningful dialogue with Shri Vishram Meena, Deputy Commissioner of Nuh, to seek support for launching targeted awareness initiatives in the district. The conversation centered around key focus areas such as menstrual hygiene management, child safety education, and re-enrollment of adolescent girls. Shri Meena appreciated the initiative and assured administrative support, paving the way for collaborative, community-driven impact in the region. Aan remains committed to creating inclusive and sustainable change in Nuh.



# Local Support Grows for Aan's Work in Nuh

22nd February 2025

Aan Charitable Trust had a meaningful meeting with Kunwar Aditya Vikram, SDM of Punhana, and Kusum Malik, District FLN Coordinator, Nuh. Both officials expressed strong support for Aan's awareness initiatives in the region, particularly in the areas of child safety, menstrual hygiene, and girls' education. Their commitment to inclusive development and their deep understanding of local challenges were truly inspiring. The discussion also explored potential collaboration on strengthening foundational literacy and numeracy (FLN) under the NIPUN Bharat mission. This meeting marks another significant step toward building long-term partnerships with local leadership, rooted in trust and shared goals. Aan looks forward to working closely with them to create sustainable, community-led impact across rural Nuh.



# Building Futures with Magic Bus

4th March  
2025

Aan Charitable Trust had the privilege of engaging with the team at Magic Bus India Foundation in Gurgaon. The meeting offered valuable insights into the organization's impactful work in guiding children from childhood to livelihood through education, life skills, and mentorship. Inspired by the vision of founder Matthew Spacie, Magic Bus adopts a holistic approach to bridge the gap between education and employment. Their collaborative spirit, which supports and guides other organizations in the development sector, highlights their commitment to collective growth and community transformation. Aan looks forward to future synergies with such purpose-driven initiatives.





# Aan Joins Hands for Nuh's Youth

4th April  
2025

Aan Charitable Trust recently met with Sh. Aashish Kumar Sharma, City Magistrate of Nuh, and Kusum Malik, FLN Coordinator and Nodal Officer for NIPUN Nuh, to discuss integrated strategies for improving child health, safety, and foundational learning in Punhana and Nuh two aspirational blocks in urgent need of support. The meeting included Mr. Deepak, JSP Fellow from Magic Bus India Foundation, and Mr. Dhananjay Rathi. ACT presented its brochure and concept note, highlighting a multi-dimensional approach to education, menstrual hygiene, and adolescent well-being. The discussion marked a strong step toward collaborative, district-level action for child empowerment.



# Aan Leads 3-Day Outreach Program in Punhana & Nuh

4th April

Aan Charitable Trust, in collaboration with the Piramal Foundation, conducted a focused three-day empowerment drive from 22nd to 24th April 2024 in the Punhana block, Nuh district, Haryana. Responding to low female literacy and rising dropout rates, the initiative addressed child safety, adolescent and menstrual health, and access to Open and Distance Learning (ODL). The campaign reached over 500 children and families across three government schools, providing vital knowledge and resources. ACT remains committed to building safe, informed, and inclusive communities across rural Nuh.





# ACT Marks Menstrual Hygiene Day in Sohna & Punhana

28th & 30<sup>th</sup> May

To mark International Menstrual Hygiene Day, Aan Charitable Trust held a two-day workshop in Ghamroj (Sohna) and Nai Village (Punhana), Haryana, engaging over 270 adolescent girls and mothers. In partnership with Project Baala, Piramal Foundation, and Magic Bus Foundation, the sessions offered safe, stigma-free spaces to discuss menstrual health and distribute sustainable kits. Held at Rajkiya Kanya Varishth Madhyamik Vidyalaya, the workshop empowered girls for the first time to speak openly about periods, reinforcing that menstrual dignity is a right, not a privilege.





# OUR ENABLERS

## Government and Authorities



## Implementing Partners



## Distribution Partner







This journey we're on is not an easy one. It is full of challenges, long days, and tough conversations. But it is also filled with hope, courage, and moments of quiet transformation. And none of that would be possible without you. Your support, whether through time, resources, encouragement, or simply believing in us, has helped us reach communities that needed compassion, dignity, and opportunity. Because of your support, young girls found the courage to speak about periods for the first time, children learned about safety and health, and families felt seen, heard, and valued. Every small act, every kind word, and every effort you made has created ripples of change. Your presence in our work reminds us that we are never alone in this mission. As we continue to grow and serve, we carry your trust with deep gratitude and look forward to all we can achieve together. Thank you for being such a crucial part of our journey.

With all our heart,  
The Aan Charitable Trust Team

**"TRUE IMPACT IS NOT MEASURED IN NUMBERS, BUT IN THE HOPE WE RESTORE, THE TRUST WE BUILD, AND THE DIGNITY WE PROTECT."**





# **Dignity For All**

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