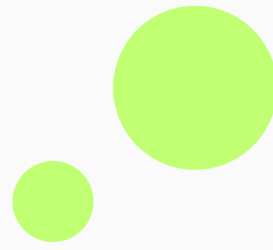


AAN CHARITABLE TRUST

ANNUAL REPORT 2025-2026



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Founder's Message



Namita Dublish

Founder, Aan Charitable Trust

FY 2025–26 has been a defining year—not because we did more, but because we did things differently.

Across communities in Haryana and Delhi, we continued to work on deeply rooted challenges—menstrual stigma, child safety, and access to education. But this year, we moved beyond awareness as an end goal.

We asked a critical question:

Who continues the work after the session ends?

The answer led us to invest in **facilitators, systems, and scale.**

Expectations that have been successfully achieved

From **Training of Trainers** to **district engagement in Nuh**, we are now building models that **outlast individual interventions.**

This journey was recognised at the **5th MHM India Summit 2025**, where Aan received the **NGO Impact Award**. But beyond recognition, what matters most are the small but powerful shifts we witness:

- A child learning to say “no”
- A girl understanding her body without fear
- A facilitator stepping forward with confidence

This is not outreach. This is transformation.

About Aan Charitable Trust

Established in **2016**, Aan Charitable Trust (ACT) is a registered non-profit organization that works at the intersection of **child protection, adolescent health, and educational access**. ACT designs experiential programmes that make sensitive conversations around safety, body autonomy, and well-being approachable and age-appropriate.

Its participatory methods—rooted in creative pedagogy, narrative-based learning, and teacher capacity-building—embed **safety and dignity into daily classroom practice**.

16000+

Beneficiaries
(Women, adolescent girls
and children)

125+

Awareness sessions and
workshops conducted

1000+

Volunteers motivated to
impact social change



Vision and Mission



VISION

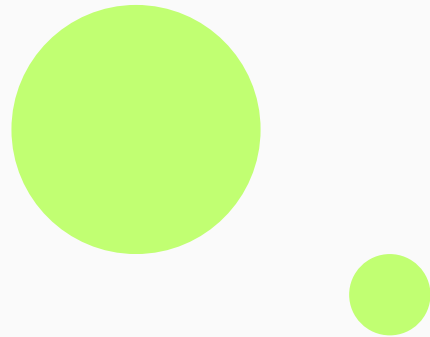
Enabling Dignity for All
through awareness
building that brings
change and
transformation in
society.



MISSION

Driving sustainable
and inclusive
transformation
through awareness,
empowerment and
action.





Our Key Initiatives

Initiative	Description
Bal Suraksha Jagrukta Abhiyan (BSJA)	A foundational awareness initiative focused on personal safety and body literacy for children, delivered through participatory modules in school and community settings.
Adolescent Health & Well-being Initiatives	Programmes addressing menstrual health, adolescent nutrition, emotional well-being, and life skills with emphasis on confidence-building
Teacher Capacity Building	Training programmes that have equipped 500+ educators to engage sensitively with students on child safety and adolescent health.

ACT has partnered with schools across **Delhi-NCR, Haryana, and Uttarakhand**, and collaborates with organisations including **Piramal Foundation, Magic Bus India Foundation, FICCI FLO, Government of Haryana, Anandaya Foundation, Project BALA**, among others.

The organisation’s work has received recognition, including:

- **Children’s Champion Award 2022** (recognition by Uttarakhand Protection of Child Rights)
- **Tilu Rauteli Award** – Government of Uttarakhand
- **NGO Impact Award** – 5th Gramalaya MHM Awards (2025)



Our Why: The Gap We Are Addressing

The challenges we address are not isolated—they are interconnected and systemic.

- A lack of menstrual awareness leads to shame and exclusion.
- A lack of child safety education leads to vulnerability.
- A lack of education access limits futures.

But over time, one truth has become clear:

Awareness alone is not enough—change sustains only when communities can carry it forward.

Key Context

- Only **13% of girls** are aware of menstruation before menarche
- **100+ children face abuse daily**, with underreporting
- Girls continue to drop out due to lack of access and awareness



Our Approach: Awareness → Agency → Action → Scale

Aan's model has evolved into a **continuum of change**.

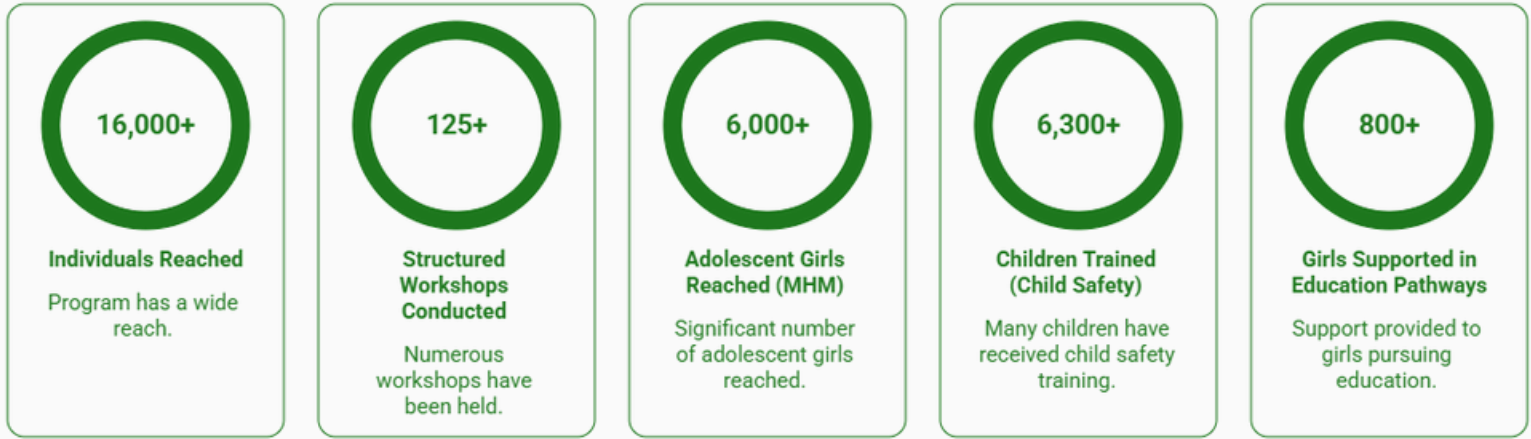
We begin with awareness, but intentionally move toward **agency and action**, ensuring individuals feel confident to engage, question, and apply what they learn. The final and most critical step is **scale**—building facilitators who can sustain and multiply this impact.



Impact at a Glance

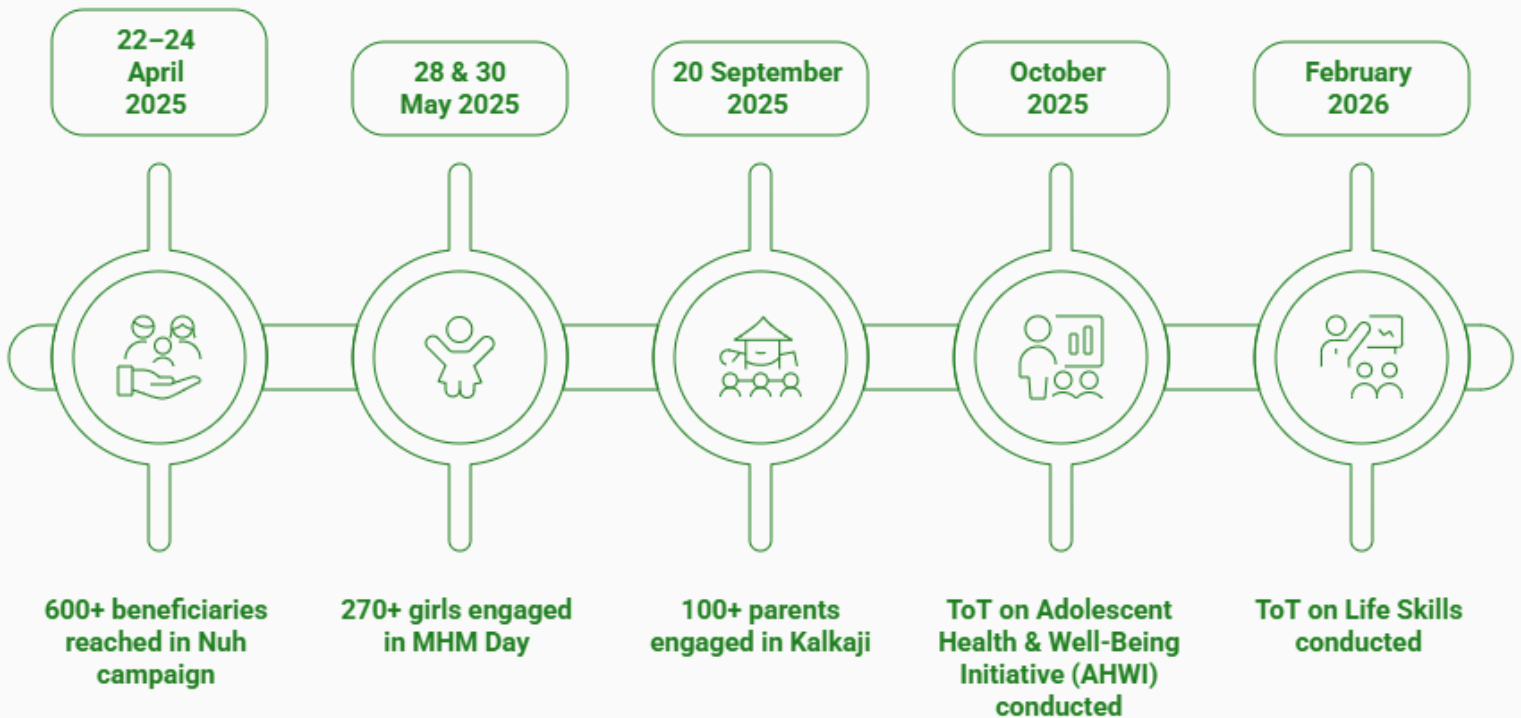
Over the years, Aan has built a strong foundation of reach and trust across communities.

Cumulative Impact (Till March 2026)



FY 2025–26 Highlights

This year reflects both depth and direction—with a clear shift toward scalable impact.



Recognition & Milestones

This year marked a moment of national recognition for Aan's work in menstrual health.

Aan Charitable Trust received the **NGO Impact Award at the 5th MHM India Summit 2025**, organised by **Gramalaya** and supported by the **Ministry of Jal Shakti, Dettol, and Bank of America**.

This recognition reflects nearly a decade of consistent work in:

- Breaking menstrual stigma
- Creating safe spaces for dialogue
- Building scalable community-led models

This is not just an award—it is validation of a model that is working.



Bal Suraksha Jagrukta Abhiyan (Child Safety)

Because Every Child Deserves to Be Safe

Child safety remains one of the most urgent yet under-addressed areas of intervention. Aan's approach focuses not just on children, but also on **parents, educators, and communities**—recognising that safety is a shared responsibility.

In September 2025, a large-scale parent engagement workshop in Kalkaji brought together families to discuss how safe environments are built collectively. Conversations moved beyond awareness to practical action—recognising signals, building trust, and enabling children to speak.

The launch of “**स्पर्श की पहचान (Sparsh Ki Pehchaan)**”, Aan's first Hindi child safety book developed with Anandaya Foundation, marked a key milestone. Designed as a simple, accessible resource, it ensures that these conversations continue beyond workshops.

Parallel school-based interventions, such as the session in Sohna, focused on creating **age-appropriate, participatory learning environments**, where children could understand boundaries and express themselves freely.



Kalkaji, Delhi: 100+
parents engaged

20 September 2025

Launch: Sparsh Ki
Pehchaan

2025

Sohna (Gurgaon):
120 children reached
(Classes 1–5)

2025



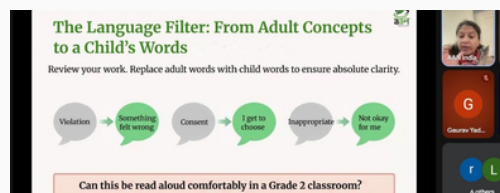
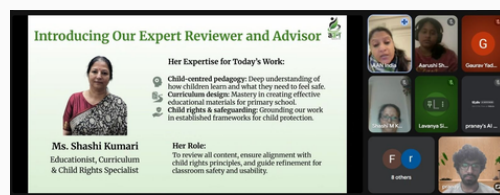
Youth-Led Change: BSJA Co-Creation Programme

This year, Aan took a significant step toward **shifting ownership of child safety from organisations to young people themselves.**

The **5-day BSJA Co-Creation Programme** brought together students from **SGT University** and **GD Goenka**, creating a space for young people to engage deeply with child safety and translate learning into real, usable tools.

A key strength of the programme was the **expert guidance of Ms. Shashi Kumari**, whose experience in education and child rights ensured that all outputs were **age-appropriate, ethical, and classroom-ready.** Her mentorship added rigour and credibility, strengthening the quality of the final resources.

By the end of the programme, participants had moved beyond understanding the issue to becoming **confident facilitators capable of leading conversations on child safety.**



Characteristic

Value



Dates

6–10 January 2026



Participants

16 (students + youth leaders)



Output

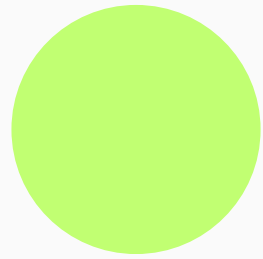
Child safety tools + facilitator readiness



Expert Validation

Ms. Shashi Kumari

Adolescent Health & Wellbeing Initiative (AHWI)



Aan's work in adolescent health continues to focus on **breaking stigma and enabling informed choices**.

Menstrual Hygiene Day interventions in May 2025 created safe spaces for girls to engage in conversations that are often silenced. These sessions went beyond awareness—addressing nutrition, anaemia, and dignity.

A particularly meaningful intervention took place on **16 December 2025**, where Aan conducted a **community workshop at Monsoon Kids School, Basti Vikas Kendra, New Delhi**, engaging **women from the Sarvodaya Camp community**. By bringing community women into a school-based setting, the session bridged the gap between **institutional spaces and lived realities**.

The workshop created a safe and inclusive environment to discuss menstrual hygiene, nutrition, anaemia, and informed care. Conversations were open, practical, and rooted in everyday experiences—moving beyond awareness toward **confidence and informed decision-making**.

What made this intervention especially significant was the **shift in how menstrual health is positioned—not as a private issue, but as a shared, community concern that can be discussed openly and addressed collectively**.

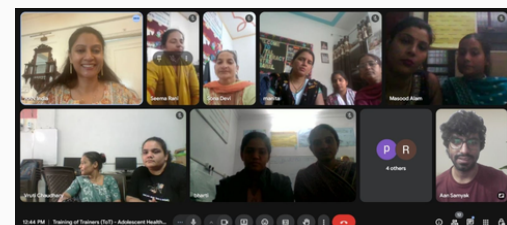


From Awareness to Agency: Adolescent Health & Wellbeing Initiative (AHWI) ToT

A major shift this year was the move toward **building facilitators in menstrual health**.

The AHWI ToT conducted in October 2025 demonstrated that when participants are equipped with both knowledge and facilitation skills, they become **confident change agents within their communities**.

The training resulted in measurable increases in confidence, clarity, and readiness—while also shifting mindsets toward inclusion and openness.



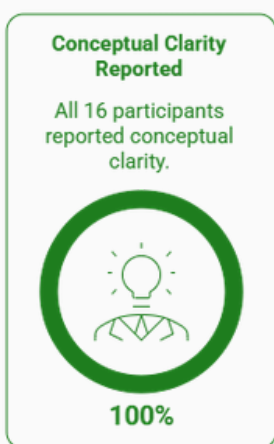
Outcome	Participants Trained	Very Confident Facilitators	Conceptual Clarity	Correct Hygiene Practices	Including Boys & Men	Active Toolkit Use
Percentage	14	81.8%	100%	100%	90.9%	100%

From Awareness to Action: Life Skills ToT (Bawal)

The Life Skills ToT conducted in February 2026 represents a **fundamental shift from programme delivery to system strengthening**.

Hosted at the YouthReach Computer Center in Bawal, the training was embedded within a broader ecosystem of digital literacy, vocational training, and community learning. This ensured that the impact extended beyond individuals to the **systems that support them**.

Participants moved through a structured journey—from understanding life skills to practising facilitation—resulting in strong improvements in confidence and readiness.



Nuh District Campaign: Toward Systems Change

Aan's work in Nuh represents a strategic shift toward **district-level impact**.

The **3-day campaign conducted in April 2025** brought together children, families, and stakeholders across multiple themes—child safety, menstrual health, and education access. The integrated approach ensured that interventions were not isolated, but interconnected.



Children and families reached

Over 600 individuals benefited from the program.



600+

Learning kits distributed

Educational resources provided to children.



223

Menstrual products distributed

Essential hygiene items supplied to women.



250+

Education Access: KUSPY (ODL Model)

Aan continues to support girls in continuing their education through **Open and Distance Learning** pathways.

By providing **awareness, mentorship, and guidance**, the programme ensures that education remains accessible even in constrained circumstances.



Girls Supported

Provided essential
resources and
guidance.



800+

What Changed This Year

This year marks a clear shift in how Aan creates impact.

We moved from:

- One-time sessions → to sustained engagement
- Awareness → to facilitation
- Direct delivery → to scalable systems



Partnerships

Aan's work is strengthened through collaboration with:

Government stakeholders, Piramal Foundation, Kaivalya Education Foundation, Magic Bus India Foundation, Project Baala, YouthReach, Anandaya Foundation, Career Width, and school/community networks.



Thank You!

True impact is not measured in numbers—
but in the dignity we restore,
the silence we break,
and the change we enable others to carry forward.



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