



A small gesture we make, makes a big difference!

**Aan
Charitable Trust**

**Covid-19 Response
(2020-2021)**

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About the Co-founder & Managing Trustee



“I alone cannot change the world, but I can cast a stone across the waters to create many ripples.”

- *Mother Teresa*

Namita Gupta is the co-founder and managing trustee of non-profit organisation **Aan Charitable Trust**, Kashipur, Udham Singh Nagar. Currently working as the coordinator FICCI Flo’s ‘Empowering the Greater 50 Campaign’ in Kumaon Region, she had previously also taken the role of Coordinator for the Skilling Committee, Kumaon Region of FICCI FLO Uttarakhand Chapter 2019-20 & 2020-21. Pursuing her Master’s in social work at Uttarakhand Open University, she is passionate about making a positive impact as Uttarakhand’s Assistant Co-coordinator National Council for Social Work Education (Kumaon Region).

An experienced Entrepreneur and Administrator, she is an energetic and goal-oriented individual with a responsible approach to life’s tasks, both professional and personal. Her strength has been her ability to be empathetic and creatively solve problems by collaborating with all stakeholders. She has been using her voice and platform to motivate today’s youth to become changemakers and actively participate in community service.

Since the start of the outbreak in December 2019, the new coronavirus has spread to over 182 countries and territories. Massive shutdowns, migration and loss of livelihood have affected the families across India. In the past year and a half, Namita led Team Aan to undertake several Covid-19 emergency rapid responses to mobilize resources to ease out situations for marginalised sections of society throughout Uttarakhand. She prioritized the urgent needs of the communities within Udham Singh Nagar and launched efforts immediately after the pandemic hit Uttarakhand in April 2020.

COVID-19 Awareness, Prevention and Menstrual Hygiene Related Good Practices



The Covid-19 Pandemic created a worldwide health crisis, but it also brought along a huge learning crisis. Thus, we knew we had to exponentially increase our involvement in the community across multiple sectors to support those most in need.

Continuing our efforts towards digital literacy, Aan in collaboration with the Digital Reading Foundation (a subsidiary of Worldreader), implemented the Keep Children reading initiative – which targeted the under-resourced households to enable them to make sure that their children have access to education. We also planned out Menstrual Hygiene workshops to support women and girls who had decreased access to sanitary products due to the lockdowns in place. Our relief efforts also helped the District Administration disseminate the personal hygiene etiquettes amongst the most vulnerable sections of the society. To highlight our work in brief, we undertook the following innovative and impactful response programs through multiple events under each of these to combat Covid -19 crisis:



- Distribution of Dry Ration, Hygiene Kits, sanitizer, Masks, PPE Kits and corona kits to the needy households.
- Prioritizing Menstrual Hygiene in U.S Nagar district
- Periods don't stop for Pandemic – Distribution of Dignity Kits (Menstrual Hygiene Kits) to the migrant laborers and women of underserved communities.
- No shame in Mensuration-Period Lesson
- Digital Literacy Program - Keep Children Reading
- Project Samvedna - Mobilizing home isolation relief material for the remote hill districts of Uttarakhand.

Covid relief efforts Implemented 2020-2021

1. Ration Kits and Sanitizers for Newspaper Hawkers:

Namita acknowledged the hardships faced by newspaper hawkers of Amar Ujala, Kashipur and successfully raised funds to distribute 1 month worth of dry ration kits and sanitisers to 200 beneficiaries till date.



2. Distribution of 500 Personal Hygiene Kits

Distribution at Model School, BRC Campus Kashipur and other needy communities. A very successful crowdfunding was done by team members of Aan, helping procure



resources to put together a Hygiene kit for the children of class 1st to 5th of primary government school, Chaiti farm. Parents were Counselling about the dangers of Coronavirus spread amongst children and the significance of preventive measures.

3. Distribution of 100 Hygiene Kits

Relief Camps set up for displaced migrant workers through the SDM- BSV Inter College Jaspur & GB Pant Inter College Kashipur - containing daily necessity items needed for cleansing (bathing soap, detergent, shampoo, toothpaste, toothbrush, and sanitiser). Counselling Session conducted for

the migrant workers to assist them in coping up with this Covid19 emergency and how to use their time in productive activities.

4. Distribution of Face Shields and Sanitizers:

Namita along with her team expressed gratitude towards the Rapid Response Team of Kashipur by contributing 25 Face Shields and 25 Sanitizers for their front-line workers through ASP Rajesh Bhatt.



Women Empowerment & Skill Development

1. Skill Development workshop and Counselling session:



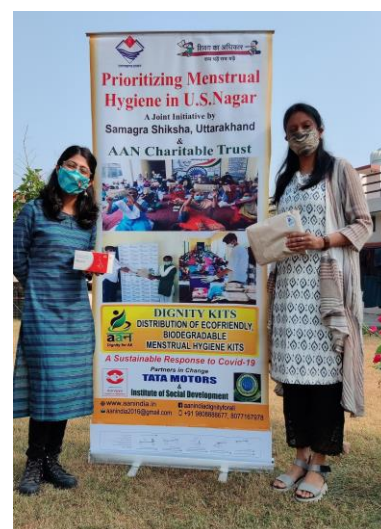
Namita enabled Skill development programs at Surbhi Gramodyog Vikas Sansthan, a pioneer in Khadi herbal handmade cosmetics. 15 women were trained in the manufacturing and packaging of herbal soaps, lotion, oils, shampoos, and other premium range of toiletries. Along with her team of volunteers, she also conducted an awareness workshop at SGVS where they:

- Distributed Masks and Gloves to workers

- Conducted a counselling session on how to work in a socially distanced way and what protocols to follow during this tough period of COVID-19.
- Communicated the dangers of coronavirus and the significance of preventive measures.

2. Distribution of Personal Hygiene kits:

Namita collaborated with resource persons of Azim Premji Foundation to distribute Personal Hygiene Kits to the people of needy communities, Govt Covid Relief Centres and migrant labourers containing daily consumables for personal hygiene (Detergent Powder, Bathing and washing soaps, Toothpaste & brush, Hand sanitiser and shampoo sachets) Short Counselling sessions are also conducted on how to protect against Coronavirus infection by observing good hygiene practices. 84 beneficiaries' families from Manpur, Kachnal gaji, Lakshmipur patti and Durga colony Kashipur. 300 bathing soaps and 300 detergent soaps were distributed at Kashipur Sports Stadium Bengali displaced labourers.





3. Distribution of Sanitisers and face masks:

For the Uttarakhand Board Exams 2020 at GGIC Kashipur, we distributed material for examiners at 17 exam centres of Kashipur Block were provided 500 masks and 100 bottles.

4. Distribution of Menstrual Hygiene Kits:

The access to Sanitary pads has taken a huge hit due to the Covid 19 curbs. Underprivileged Women and girls of daily wagers who were dependent on Government schemes to access sanitary pads are severely affected. Sanitary pads have become scarce and amid lockdown schools which distributed free pads and units which churned out low cost napkins



have been unable to do

so. Namita collaborated with the Block Education Office, Kashipur to ease this situation by constituting a Dignity Kit - a Menstrual Hygiene Kit to be distributed free of cost at the time of distribution of Midday Meal dry ration in government schools under the supervision of BEO and District Administration. A brief Menstrual Hygiene sensitization was also conducted for all the beneficiaries.



Till date, 2000 Dignity Kits and 2500 face masks have been distributed to schoolgirls from 6th to 12th classes covering 22 Rural schools, Guardians (mothers) & lady support staff of the school were also provided dignity kits. A brief awareness workshop was also conducted at each of the locations promoting COVID-19 awareness, prevention and menstrual hygiene related good practices.



Keep Children Reading- Covid response for Digital Literacy

Namita successfully Implemented 'Keep Children Reading' Campaign by Digital Reading Foundation (a subsidiary of worldreader) for households in underserved communities, aligned with government of India COVID response guidance. The program is powered by the Booksmart App of World reader. Any child at a foundational stage can effectively read at home with this link BookSmart.world/free.




Keep Children Reading

COVID RAPID RESPONSE for Foundational Phase

powered by **Worldreader**

April, 2020



“

COVID is not just a Health Crisis. It has become a Global Education Crisis. UNESCO estimates that over 1.54 Billion learners will be impacted by school closures, resulting in billions of hours not spent learning.

We are facing the **Largest Learning Loss** incident in human history...

2

14 day reading challenge | Keep Children Reading

Happy families Read together. Join us from 1st June on BOOKSMART APP

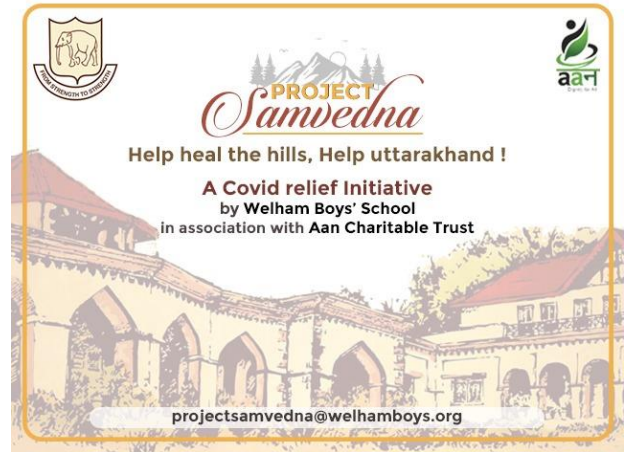


FICCI flo Uttarakhand | **aan** Dignity for All | powered by **Worldreader**



Project Samvedna

'Project Samvedna' is an expression of our solidarity and empathy for the people of the hill districts of Uttarakhand. We successfully mobilised resources to help the district administration of Uttarkashi, Pauri Garhwal, Tehri Garhwal & Mission Hausla (initiative of UK police) to combat the second wave of covid -19 and provided home isolation relief material and medicine to fill in the crucial gaps.



Baby Rani Maurya Fan Club
25 May · 🌐

राज्यपाल श्रीमती बेबी रानी मोर्य ने मंगलवार को राजभवन से [#कोविड19](#) से प्रभावित लोगों एवं उनके परिजनों की सहायता हेतु दवाईयों, हाइजिन किट, ग्लब्स, थर्मामीटर, सर्जिकल मास्क, सेनेटाइजर, ऑक्सीमीटर, सैनेटरी नैपकिन, पीपीई किट तथा राशन किट से भरे वाहन को जनपद पौड़ी, टिहरी एवं उत्तरकाशी के लिये रवाना किया।

राज्यपाल श्रीमती मोर्य ने कहा कि कोविड-19 से प्रभावित लोगों की सहायता हेतु अधिक से अधिक सक्षम लोगों को आगे आना चाहिये। कोविड से बचाव एवं रोकथाम हेतु सभी को मिलजुल कर कार्य करना होगा। युवाओं को भी प्रभावितों की सेवा एवं सहायता हेतु तत्पर रहना चाहिये।

राज्यपाल की प्रेरणा से देहरादून के वेह्लम बॉयज स्कूल तथा आन चैरिटेबल ट्रस्ट के संयुक्त प्रयासों से प्रोजेक्ट संवेदना के तहत उक्त सामग्री कोविड-19 से प्रभावित लोगों की सहायता हेतु राज्य के पर्वतीय जिलों में पहुंचायी जा रही है।


[#IndiaFightsCorona](#)
[#Unite2FightCorona](#)
[#staysafe](#)
[#uttarakhand](#)

Rekha Arya राज्यमंत्री - स्वतंत्र प्रभार is in **Uttarakhand.**
11 Jun · Instagram · 🌐

आज विधानसभा क्षेत्र सोमेश्वर के अति स्वास्थ्य केंद्र, दौलाघट में कोरोना महामारी से बचाव के लिए सम्मानित क्षेत्रवासियों की सुविधा हेतु ऑक्सीजन सिलेंडर, सेनिटाइजर, मास्क, दस्ताने, पल्स ऑक्सीमीटर, इन्फ्रारेड थर्मामीटर आदि का वितरण किया। इस साथ ही "ऑन चैरिटेबल ट्रस्ट" के प्रोजेक्ट "संवेदना" के तहत ऑक्सीजन कनसंट्रेटर तथा व सैनिटरी पैड, साबुन आदि वितरित किये और प्रोजेक्ट की मैनेजिंग ट्रस्टी श्रीमती नमिता गुप्ता जी को स्मृति चिन्ह भेंट कर सम्मानित किया।


और आप सभी सम्मानित क्षेत्रवासियों से अपील है कि बहुत ही आवश्यक कार्य हेतु घर से बाहर निकले व मास्क एवं सैनिटाइजर का उपयोग करें! [#covid_19](#) [#TirathSinghRawat](#) [#BjpUttarakhand2022](#)

See Translation


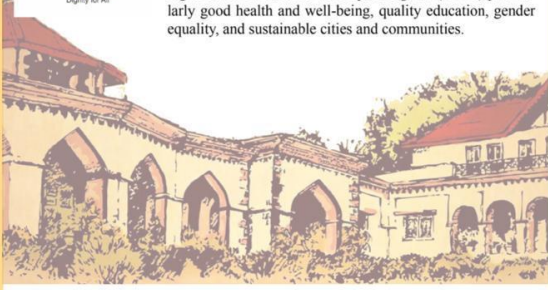


PROJECT Samvedna
Help heal the hills, Help Uttarakhand!

Who are we:
Welham Boys' School Dehradun
 From modest beginnings as a preparatory school established by Ms. H. S. Oliphant in 1937, Welham Boys' has grown to become an established residential school located in Dehradun. Over the last 83 years, the school has groomed generations of boys for roles of responsibility and leadership. A few of our notable alumni are former Prime Minister Rajiv Gandhi, Mansur Ali Khan of Pataudi, Mani Shankar Aiyar, Capt Amarinder Singh of Patiala, Shaad Ali to name a few. Visit <https://www.welhamboys.org/>




AAN Charitable Trust, Kashipur
 AAN Charitable Trust is an emerging non-profit organization, conceptualized on a single thought that 'a small gesture we make makes a big difference'. AAN is a Social Entrepreneurship with no political or religious background. Aan meaning 'dignity' in Hindi is a multi-faceted organization, working towards sustainable development goals (SDGs) particularly good health and well-being, quality education, gender equality, and sustainable cities and communities.

Aaditya - 74092 00907 | Viraj - 98102 36848 | Rudraksh - 73023 05697 | Srijit - 98719 97601 | AAN Charitable Trust, Namita Gupta - 9808888677



PROJECT Samvedna
Help heal the hills, Help Uttarakhand!

About the Fundraiser:

District	Number of Covid-19 cases reported from May 1-31
Tehri Garhwal	3,211
Pauri Garhwal	2,898
Uttarkashi	2,599
Chamoli	2,217
Champanval	2,037
Almora	1,856
Pithoragarh	1,684
Bageshwar	1,304
Rudrapur	1,294

Source: Uttarakhand health department



These are tough times for the hill districts of Uttarakhand. The second wave of Covid-19 has made its way deeper into the villages of Uttarakhand. In the last 10 days, 19,100 (27.6%) of all 69,232 Covid-19 cases were reported in the hilly districts of Uttarakhand, where the healthcare setup is not sufficient to deal with such a surge in cases. **Welham Boys' School** along with **AAN Charitable Trust, Kashipur** under its philanthropic initiative '**Project SAMVEDNA**' is trying to mobilize resources to fill crucial gaps in the hilly districts of Uttarakhand.

Our Mission:
To combat Covid Pandemic Second wave

Through Project Samvedna, we aim to provide PPE kits, oximeters, gloves, surgical masks, thermometers, disinfectants, Covid medicine kits, dry ration kits, hygiene kits to district hospitals, panchayats, shelter homes & other institutions in the hill districts of Uttarakhand, free of cost.



Team Project Samvedna successfully mobilised and delivered Home isolation relief material to the District administration of Tehri Garhwal, Pauri Garhwal, Uttarkashi and Mission Hausla to combat the second wave of Covid-19.



S no.	Equipment	Pauri Garhwal	Tehri Garhwal	Uttarkashi	Mission Hausla	Almora	Nainital	Total
1	Thermometers (digital)	100	100	100	50		53	423
2	Oximeters	50	50	50	50		87	307
3	PPE kits	50	50	50	50		36	236
4	Steam Inhalers	75	75	75			20	245
5	Nebulizers + Masks	5	5	5			2	17
6	Sanitizers litres	20	20	20	20		20	120
7	Disinfectants (Sodium Hypochloride) Litres	200	200	200			400	1150
8	Surgical Masks	3000	3000	3000	2000		1321	13421
9	Dignity Kit	250	250	250	50		300	1300
10	Oxygen Concentrators (17.5L)						4	4
11	Chindi Durries						25	25
12	Surgical Gloves						200	200
13	N95 and Ulhas India Masks	100	100	100	100		100	595
S no.	Medicines							
1	Paracetamol (10 tab)	100	100	100			53	503
3	Ivermctin (10 tab)	280	280	280			3000	3868
4	Montair (10 tab)	50	50	50				150
5	Azithromycin (3 tab)	68	68	68			88	292
6	Doxy (10 tab)	20	20	20				60
7	Vitamin D (in Sachets)	500	500	500				1750
8	Vitamin C (10 tab)	17	17	17			5	116
9	Levolin (5 ampules)	60	60	60				180
10	Iron Zinc and Folic Acid (20 tab)						165	195
11	Calcium and Vitamin D3 (20 tab)						375	375



Mission Hausla



Tehri Garhwal



Uttarkashi



Pauri Garhwal



ALMORA DISTRICT

Aan Charitable Trust, Kashipur contributed home isolation relief material and 4 oxygen concentrators to combat the second wave of the Covid-19 pandemic through 'Project Samvedna' to Someshwar and the Primary Health Centre Daulaghat, District Almora. Smt Rekha Arya, Minister for Women Empowerment and Child Development, Government of Uttarakhand presided over the program and expressed her gratitude and support to the initiative.



NAINITAL DISTRICT

Our latest Covid-19 relief intervention under 'Project Samvedna' was in the remote villages of: Mauna, Bana, luchesani, Gram panchayat Naiseela Block Bhimtal, Nainital. The historical building of the village Church also served a major role as the village community centre.

Through this initiative we tried to reach out to the most left out during this pandemic, filling gaps in the bare rural health infrastructure of the remote hills of Uttarakhand.

Our team in collaboration with the district administration and block officials organized an awareness camp and equipped the caregivers with necessary material required to diagnose and treat early covid 19 patients.





UDHAM SINGH NAGAR, UTTARAKHAND

"SURAKSHIT HUM SURAKSHIT TUM ABHIYAN"

Launched by NITI Aayog in collaboration with Piramal Foundation for covid response action, homecare of patients and awareness for vaccination

A Collaborative Initiative between District Administration (USN) and Local NGOs

Surakshit Ham Surakshit Tum Campaign

Our latest initiative was inaugurated on 8th June 2021 by NITI Aayog in collaboration with Piramal Foundation. Its goal is to ensure that patients of Covid-19 with mild symptoms are being cared for at home and have access to right knowledge, scientific protocols, and methods for effective care.

It is being implemented in 112 aspirational districts with the primary objective of strengthening community preparedness and capacity to fight covid-19.

Main Focus Areas

HOME CARE	Vaccination	Oxygen Concentrator
Provide WHO Protocol based home care, emotional support for patients, families and care-givers	Provide information about procedure of getting vaccination. And frequently asked questions about vaccination.	Ensure Life-saving Oxygen Concentrators are set-up and continue to remain operation

"Surakshit Hum, Surakshit Tum Abhiyaan"

This campaign was inaugurated on 8th June, 2021 by Niti Aayog in collaboration with Piramal Foundation. It is being implemented in 112 aspirational districts with the primary objective of strengthening community preparedness and capacity to fight covid -19.

"Objective of this Campaign"

To ensure that patients of Covid-19 with mild symptoms and who are being cared for at home have access to right knowledge, scientific protocols and methods for effective care.